

Canadian Mental Addictions and Health Association Muskoka - Parry Sound

## COMMUNITY HOMES FOR OPPORTUNITY (CHO) Application Form

**COMMUNITY HOMES FOR OPPORTUNITY (CHO)** assists individuals over the age of 18 living with serious mental illness by providing stable, affordable, appropriate housing and support services. CHO aims to support individuals to achieve and maintain physical, mental health, and wellbeing, as well as foster independence and enhance participation and integration into the community of their choice. CHO is a person-centred, flexible service, reflecting the individual and their changing needs. CHO strives to promote active participation in their own planning and ensuring the opportunity to make individual choices. The following services will be provided:

- 1. Stable Accommodation: 24 hour supported living environment within a congregate setting.
- 2. In-home support including activities of daily living, meals, and medication support.
- 3. Individualized multidisciplinary plans of care and community integration planning may include the following;
  - a. Development of living skills
  - b. Case Management and clinical support, in collaboration with other providers as required
  - c. Develop abilities in the areas of living including recreational and leisure activities; employment, education, health monitoring, etc.;
- 4. Community crisis planning and support.

### HOW TO APPLY

- ✓ Complete ELIGABILTY, COMMITMENTS, SECTIONS A TO I, SUPPORT CONSIDERATIONS and CONSENT (all area of the application must be completed otherwise application could be denied)
- ✓ FAX (705-645-7473); Attention to CHO

QUESTIONS? EMAIL CHO@cmhamps.ca – CHO Case Manager, 705-645-2262

✓ MAIL (CMHAMPS, 173-202, Manitoba Street, Bracebridge, Ontario, P1L 1S3; Attention to CHO

#### ELIGIBILITY (Please ensure all the boxes are checked in this area or application may be rejected).

- Living with a chronic and long-term mental health condition, impacting the person's ability to perform day to day activities and the inability to live independently even when support is provided. Primary areas of need are not related to a developmental or intellectual disability.
- □ Psychiatrically stable with a demonstrated adherence to treatment plans.
- Ability to reside in a supported congregate living setting with multiple roommates of varying ages and abilities.
- □ Medically stable, and if experiencing ongoing or complex physical health issues, appropriate home-based health support is or will be in place (e.g., Home & Community Care, Personal Support Workers, Private Nursing, etc.).
- □ Able to take direction from others in an emergency situation.
- □ Able to navigate stairs independently.
- □ Able to complete ADLs independently with prompting
- □ Able to provide financial documentation proving source(s) of income.
- □ Able to pay their portion of the rent/living expenses.

### COMMITMENTS

The Applicant has demonstrated abilities and behaviours that will allow them to successfully commit to the following:

- □ Engaging in activities of daily living and personal responsibilities for living within congregate/shared home environment and achievement of individual recovery goals.
- □ A living environment that is free from violence, aggression, intimidation, harassment, and other behaviors that present harm or risk of harm to other residents, staff, and the physical environment of the home.
- □ A positive, healthy, safe, and respectful living environment.
- □ An alcohol and drug free living environment.
- □ A fire hazard free home.
- □ A smoke free living environment: Smoking is permitted outside of the home in a designated area.

A. GENERAL INFORMATION	TREAT MRN:
NAME:	
DATE OF BIRTH (dd/mm/yy):	
HEALTH CARD # (include Version Code):	
GENDER IDENTITY and/or PRONOUNS:	Decline 🗆
CURRENT ADDRESS (including mailing address)	
PHONE NUMBER:	
RELATIONSHIP STATUSSingleMarried/Common-lawSeparatedWidowed	□Divorced □Partner/Significant Other □Declined
Indigenous Status: Indigenous 🗌 Non- Indigeno	ous Unknown/Declined
Preferred language:  French  English  Ot	her (please specify):
B. SUBSTITUTE DECISION MAKER: Provide releve	ant documentation/details if available.
SDM for Finances-Property: Name:	Contact #:
Comments:	
SDM for Treatment Decisions: Name: Comments:	Contact #:
Trustee (Details):	
Power of Attorney (Details):	
Other (Details):	
C. FAMILY or SIGNIFICANT OTHERS: Only provide contact and speak with about your application to	
Name/Relationship	
Contact Details	
Name/Relationship	
Contact Details	
Name/Relationship	
Contact Details	

D. PSYCHIATRIC & MEDICAL HEALTH HISTORY	
Provide supporting documentation (e.g., discharge summaries, psychiatry	assessments, etc.)
Psychiatrist:	Phone #:
Family Physician:	Phone #:
Pharmacy:	Phone #:
Psychiatric Diagnoses:	
Medical Diagnoses:	
Other Disabilities/Conditions that may affect service delivery	
Medications (if yes, please attached a medication list separately): Y N Last Medication review:// DD MM YYYY	
Presentation (A description of their mood, affect, thought process/content, verbal indicators that are typical for them when they are not experiencing an escalation	
Risk Presentation (Indicators relating to mood, affect, thought process/content, ve voiced intent or other indicators that inform they are at risk or becoming at risk.)	erbal, and behavioural expressions;
History of Harm to Self or Others:	
Recommendations (Informed directions on how best to support when experiencing support them with preventative measures prior to a crisis escalation.)	g acute crisis situation, or how to

Psychiatric Admission History	(in the last 2 years)	None 🗆		
Name and Location of Hospital	Dates (mm/yyyy)	Length	of Stay	Reason for Admission
1.				
2.				
3.				
Number of visits to the emerg	ency room, for mental he	alth or addict	ion reason	s, in the past 6 months?
Is there a Current Community If yes, please attached a cop		I N □		
Hospitalizations for medica	l reasons in the last 2 ye	ars? Y [		]
Name and Location of Hospital	Dates (mm/yyyy)	Length	of Stay	Reason for Admission
1.				
2.				
3.				
E. HOUSING HISTORY Provide details of living situ	ations over the past 5 y	ears to pres	ent day.	
	<u>·</u>	-		
F. LEGAL STATUS				
			Detaile	
Past Legal Issues? Current Legal Issues?		YD ND YD N D	Details	
ORB community access/cor	nditional discharge?			
Probation: $Y \square N \square$	Parole: Y□ N□			
	• •	•		pefore deductions and provide
supporting documentation	• •	- Line 150 Re	quired)	
ONTARIO DISABILITY SUPPOR Member ID Number:	T PLAN (ODSP):			
CANADIAN PENSION PLAN (CP	PP):			
WSIB / PRIVATE INSURANCE:				
OTHER SOURCES OF INCOME:				

ESTIMATED TOTAL ANNUAL INCOME:

Other Relevant Financial Details (e.g., bank statement, etc.)

# **H. SERVICES AND SUPPORTS:** *State all services and support <u>currently received</u>. <i>Include name, contact details, and what help they provide you.*

### I. AREAS OF NEED

**Not Required:** Person addresses need without support **Minimal Support:** Can live independently with support to address need **Intensive Support:** Requires supported congregate setting to address need

intensive Support. Requires supported congregate	setting to dualess need
Information on Condition & Treatment: Needs associated with the person receiving and understanding	Not Required
information about their physical and mental health conditions and treatment. Includes needs associated	Minimal Support
with competency and capacity for decision making, consent, and substitute decision making.	□ Intensive Support
Safety to Self: Needs associated with the person being a danger to him-herself; having thoughts of and	Not Required
risks associated to suicide or non-accidental self-injury. Includes behavioral risks such as recklessness,	Minimal Support
impulsivity, carelessness, wandering, and other risk-taking activities.	□ Intensive Support
Safety to Others: Needs associated with the person being a danger or risk to other people; having a	Not Required
history of violence or threatening behaviours; engaging in behaviours that place other people at risk of	Minimal Support
being harmed; overactive; aggressive disruptive behaviours.	Intensive Support
Safety From Others: Needs associated with risks the person experiences from other people such as	Not Required
assault, victimization, exploitation, human trafficking, etc.	Minimal Support
	Intensive Support
Risk Management: Activities focusing on the management of risk related circumstances and/or needs	Not Required
including but not limited to risk assessments, crisis prevention, crisis management guidelines.	Minimal Support
	Intensive Support
Psychotic Symptoms: Needs and risks associated with symptoms of psychosis and psychotic features	Not Required
including treatment, and related interventions and supports.	□ Minimal Support
	Intensive Support
<b>Psychological Distress:</b> Needs associated with the person suffering from psychological distress, receiving,	□ Not Required
or not receiving sufficient support, and risks associated with psychological distress. Includes needs and	Minimal Support
risks associated with clinical features, for example, depression, anxiety, mania, emotional instability and	Intensive Support
dysregulation, obsessions/compulsions, phobias, etc.	
Trauma: Needs associated in any area of life for a person suffering from a traumatic event(s) of any kind	Not Required
that affects their daily living o who experiences serious barriers to wellness and recovery as a result of a	Minimal Support
traumatic event(s) of any kind.	Intensive Support
Physical Health: Needs associated with the person's physical health, physical health conditions, the	Not Required
requirement for treatment of physical ailments, untreated physical ailments, side effects to medications,	Minimal Support
etc. Needs associated with the person's ability to self-manage their physical health needs and conditions	Intensive Support
such as diabetes, colostomy care, medications, etc.	
Alcohol: Needs associated with excessive consumption of alcohol, or problems controlling their alcohol	Not Required
intake. Is drinking resulting in harmful effects or loss of control of use, or does the person require help for	Minimal Support
alcohol use? Is drinking resulting in harm to others?	Intensive Support
Drugs: Needs associated with the consumption of drugs, and dependence on prescribed, non-prescribed	Not Required
or illegal drugs including any negative or harmful effects that this use has for the person or other people.	Minimal Support
Does the person require help for drug use?	Intensive Support
Other Addictions: Needs associated with behavioral/process addictions such as pornography, sex,	Not Required
shopping, or problems controlling these behaviours. Are these behaviours causing any harmful effects on	Minimal Support
the person or other people, their quality of life, or does the person require help for these behaviours?	Intensive Support

Gambling: Needs associated with behaviours and outcomes of gambling. Is gambling causing any harmful	Not Required
effects on the person or other people, their quality of life, or does the person require help for these	□ Minimal Support
gambling?	□ Intensive Support
RAAM: Needs associated with alcohol or drug abuse and the person requires rapid assessment and	Not Required
treatment services including medication-assisted treatment and withdrawal management.	□ Minimal Support
	□ Intensive Support
Cultural/Spiritual: Mental, emotional, spiritual, cultural, and physical needs strengthened through both	Not Required
traditional and cultural healing, health and wellness practices.	☐ Minimal Support
	□ Intensive Support
Wellness/Recovery: Needs associated with a person's journey moving through stages of recovery from	Not Required
mental illness, addiction, or other health condition. The person is learning, understanding, and applying	□ Minimal Support
new values, abilities, skills, and experiences in the process of discovering/rediscovering a positive sense of	□ Intensive Support
self, satisfying and meaningful life experiences, and regaining autonomy within one's life separate from	
the presence or absence of diagnosis or symptoms.	
Peer Support: A structured relationship where a person is living with mental illness, addiction or other	Not Required
health condition and engages in an active process of commonality of experience, mentoring within the	Minimal Support
recovery process, rights-based advocacy, learning/sharing with a 'specialist' who has lived experience and	Intensive Support
applies their personal experiences for the sole therapeutic benefit the person. The primary focus being	
recovery and rehabilitation the relationship is guided by the values of hope, recovery, self-determination,	
empathetic and equal relationships, dignity, respect, and social inclusion.	
Outreach/Engagement: Needs and actions associated with encouraging the person to identify the	Not Required
benefits of mental health/addiction supports and engage with formal support systems and services. The	Minimal Support
process of building a therapeutic alliance between the person and the service provider.	Intensive Support
Company: Needs associated with the person's ability to organize, engage, and participate in social,	Not Required
family, friendship contacts. Is the person feeling lonely and isolated? Have they withdrawn from normal	Minimal Support
social groups and social activities?	□ Intensive Support
Intimate Relationships: Needs associated with the person's ability to find, secure, and maintain a partner	Not Required
or close relationship(s). Is the person at risk within a current relationship or identifies a need for a close	Minimal Support
relationship? Needs or risks associated with social breakdown or conflict within intimate relationships.	□ Intensive Support
Family/Parenting: The person is experiencing needs/risks associated with relationships and dynamics	Not Required
within their immediate family or with significant others within their immediate "family circle", needs/risks	Minimal Support
associated with their parenting role, or needs/risks associated with their biological family/family of origin.	Intensive Support
Sexual Expression: Needs associated with the person's sexual life? Is the person satisfied with their	Not Required
sexual life? Is the person engaging in sexually risky behaviours or has serious sexual difficulties? Is the	Minimal Support
person's sexual expression or behaviours harmful to them or other people?	Intensive Support
Child Care: Needs associated with the person having difficulty looking after their child (or a dependent	Not Required
child). Is the person able to parent their child or is the person experiencing serious difficulties parenting?	Minimal Support
Is the dependent child at risk of harm? Is/should CAS be involved?	□ Intensive Support
Other Dependents: Needs associated with the person having difficulty caring for/being responsible for a	Not Required
pet, loved one, or another individual who is dependent on the person. Is the person able to provide the	Minimal Support
care required or is the person experiencing serious difficulties in providing this care? Is the other	Intensive Support
dependent at risk of harm?	
Accommodation: Needs associated with adequate levels of housing, homelessness, precariously housed,	Not Required
or home lacking basic facilities such as water, electricity, heat, etc.	Minimal Support
	Intensive Support
Looking after the home: Needs associated with the person's ability to look after their home, home	Not Required
maintenance, keeping the home clean and safe, potential risks associated with an unkempt environment.	□ Minimal Support
Does the person require help to maintain their home?	I I Instancius Cummant
Food: Needs associated with the person's ability to buy and prepare meals, dietary restrictions, maintain	□ Intensive Support
	□ Not Required
available and appropriate food. Does the personal have enough to eat?	<ul><li>Not Required</li><li>Minimal Support</li></ul>
available and appropriate food. Does the personal have enough to eat?	<ul> <li>Not Required</li> <li>Minimal Support</li> <li>Intensive Support</li> </ul>
available and appropriate food. Does the personal have enough to eat? Self-Care: Needs associated with the person ability to complete basic activities of daily living such as	<ul> <li>Not Required</li> <li>Minimal Support</li> <li>Intensive Support</li> <li>Not Required</li> </ul>
available and appropriate food. Does the personal have enough to eat?	<ul> <li>Not Required</li> <li>Minimal Support</li> <li>Intensive Support</li> </ul>

employment, volunteering, clubs, social groups, social withdrawal, or avoidance from normal activities, etc.Intensive SupportEducation: Does the person lack basic skills in numeracy and/or literacy? Does the person have serious difficulties reading, writing, and understanding English/French? Do they require or receive help to read, write, understand, or complete numerical processes? Does the personal have needs associated with school, education, failing at school, dropping out of school, etc.?Not Required Minimal Support Intensive SupportLegal Issues: Is the person involved in the legal justice system or legal proceedings? Does the person require help associated with court diversion, probation/parole, family court, civil proceedings, police involvement, retraining orders, no trespass orders, provincial offences, etc.?Not Required Minimal Support Intensive SupportCommunication: Does the person have difficulty getting access to or using a telephone, cell phone, or communication? Is the person dependent on someone else for remote communication, or barriers that interfere with accessing methods of transportation. Does the person experience serious challenges associated with not having access to methods of transportation, or barriers that interfering with the person getting their needs met?Not Required Minimal Support Intensive SupportMoney: Does the person have problems with budgeting and money management? Needs associated with ineffective money management and budgeting. Does the person require help with money management and budgeting?Not Required Minimal Support Intensive SupportBenefits: Is the person have problems with budgeting and money management? Needs associated with ineffective money management and budgeting. Does the person require help with money management and budgetin	<b>Daytime Activities:</b> Needs associated with the person's ability to located, engage, and participate in	□ Not Required
etc.       Education: Does the person lack basic skills in numeracy and/or literacy? Does the person have serious       Intensive Support         Education: Does the person lack basic skills in numeracy and/or literacy? Does the person have serious       Intensive Support         write, understand, or complete numerical processes? Does the personal have needs associated with       Intensive Support         Legal Issues: Is the person involved in the legal justice system or legal proceedings? Does the person       Not Required         require help associated with court diversion, probation/parole, family court, civil proceedings, police       Minimal Support         involvement, retraining orders, no trespass orders, provincial offences, etc.?       Not Required         Communications: Does the person have difficulty getting access to, or using a telephone, cell phone, or       Not Required         communication device? Does the person lack access to the internet? Can the person use their means of       Minimal Support         communication: Needs associated with not having access to methods of transportation, or barriers that       Intensive Support         associated with the lack of transportation. Does the person require help with more person getting their needs met?       Not Required         Minimal Support       Intensive Support       Intensive Support         communication? Is the person dependent on someone else for remote communication? Does the lack of transportation. Does the person experience serious challenges       Minimal Support         <	meaningful daytime activities and social activities. Includes needs associated with employment or loss of	□ Minimal Support
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	sufficient benefits? Does the person require help to access benefits?	□ Intensive Support
	Physical Activity: The promotion of wellness and health through physical activity and recreation.	□ Not Required
		□ Minimal Support
□ Intensive Support		□ Intensive Support

### SUPPORT CONSIDERATIONS (Individual's self-report):

"WHAT IS IMPORTANT TO ME"

### "WHAT PEOPLE NEED TO KNOW TO SUPPORT ME"

"WHAT PEOPLE NEED TO DO TO SUPPORT ME"

IS THE APPLICANT (AND SDM IF APPLICABLE) (	CONSENTING TO THIS APPLICATION?
DOES THE APPLICANT (AND SDM IF APPLICABLE) CONSI WITH CMHAMPS FOR THE PURPOSE O	
S: Signature of Applicant/SDM	Date
o: Application will not be considered.	
Any additional information available regardi Please attach any completed Consents to Relea	• • • • • • • • • • • • • • • • • • • •
What service provider will support the applicant un	til a vacancy becomes available?
Who is the primary contact while the applicant is o	
Referral Source:	
Referral Contact Information:	
Referral Completed By / Signature:	
Date:	