

annual **2020/2021** report



canadian mental health association
Muskoka – Parry Sound

Recovering and Thriving



Canadian Mental Health Association
Muskoka - Parry Sound

Addictions and Mental Health Services

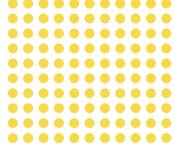


table of contents

President's Report for 2019-2020	3
Executive Director's Report	4
Mission, Vision and Values	5
CMHA-MPS Board, Advisory Committees and Councils	6
Mental Health Awareness	8
Client Experience Survey	9
Supporting our community	10
Programs and Services	11
VOLUNTEER PROGRAM During COVID	19
Operational Plan	20
Financial report	23





President's Report for 2019-2020

This is my first annual report for Canadian Mental Health Association, Muskoka-Parry Sound (CMHAMPS), having stepped into the board president role in June 2020. What a difficult year, with its multiple “lockdowns” and stay-at-home orders leading to increased depression and anxiety for the first time in many people’s lives. People with mental illness have had to cope with the added stress of imposed isolation as well as difficulty getting healthcare. Staff have been dealing their own personal issues brought on by COVID and working from home. The stress for everyone has been overwhelming at times.

I want to commend all staff and our Executive Director, Diane Brown-Demarco, on coping with these extra responsibilities. With no known COVID-19 cases among staff or clients (at the time of writing), it is clear the protocols established by the agency have been working.

The board has also been doing its part during COVID, carrying out virtual monthly meetings- for the most part successfully! We are all looking forward to the day we can meet face-to-face.

Four new board members joined us this year – Kyla Holmes, Janet Patterson, Joan Edwards-Karmazyn and Andrea Lindsay. This year we engaged in virtual governance training, and were fortunate to engage Reg Watson who provided excellent support in that area.

We have followed the board’s annual workplan, met virtually with the Program Advisory Committee of B’saanibamaadsiwin in September, received training from Adult Protective Services in October, and met with the Council of Consumer/Survivors and Family Initiatives staff in November.

All face-to-face groups in the community and all external conferences and education sessions were cancelled.

However, the board is contributing to the Muskoka and Area Ontario Health Team. We are represented on the governance committee and the executive director sits on the steering committee. The planned changes for healthcare management for the province have also been affected by COVID and coming much slower than anticipated.

The board of directors, staff and volunteers of CMHAMPS have been meeting the challenges of COVID-19. It is taking a toll on everyone, but we are still hanging on and providing great service.

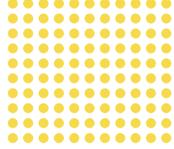
Congratulations to all!



**Patricia
MacPherson**

A handwritten signature in black ink that reads "Patricia MacPherson".

Board President, CMHA Muskoka – Parry Sound



Executive Director's Report

As we close out this year, CMHAMPS has much to reflect on.

The pandemic has impacted our families, communities and work. It has been an immense stress for everyone and the priority focus of CMHAMPS' leadership through the past year.

When the state of emergency was declared in Ontario, we implemented our emergency preparedness plan. What we accomplished is overwhelming. From inventory, training, and supply of personal protective equipment, to providing virtual services, to new safe work policies and procedures, we have learned to persevere through incredible change. Through it all I am proud to report that we had no positive COVID-19 cases within our staff, families, and clients.

We also experienced continued growth of our agency with additional staff resources in housing support for justice-involved clients, and we are thrilled to launch a new model of home and community-based withdrawal management supports. This new team will work in partnership with CMHA Simcoe and Mammaway Primary Care to provide assessment, addiction medicine support, and in home monitoring where it is deemed safe. The Ontario Structured Psychotherapy program now includes a dedicated Indigenous adapted team, the only one of its

kind in the province. Our B'saanibamaadsiwin program continues to be a model of successful partnership and allyship that we are incredibly proud of.

Despite the pandemic, we provided more essential mental health and addictions services, including 20 per cent more crisis intervention services, and 50 per cent more individuals receiving counselling. Overall, we provided 53 per cent more appointments over last year through the increased use of telephone and video services.

We need to send a huge shout out to our volunteers who have stepped up to the challenge and risks of supporting our clients who are isolated and unable to access supports.

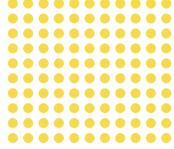
We look forward to the promise of being able to meet in person soon but we know the impacts of this pandemic are not behind us. People in our communities will need our services more than ever in the coming year and we will continue to work with our funders, partners, and communities to provide the best possible service for people in Muskoka and Parry Sound.

In health and wellness,



**Diane
Brown-Demarco, RN, MN**

Executive Director, CMHA Muskoka – Parry Sound



Mission, Vision and Values



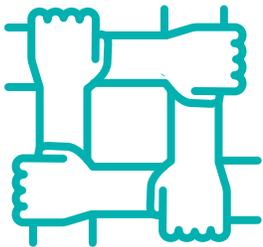
MISSION

Canadian Mental Health Association, Muskoka-Parry Sound Branch is committed to hope and recovery through integrated mental health and addiction services. Using effective, safe, innovative partnerships and practices, we provide the highest quality treatment, support, education and advocacy for the people of Muskoka-Parry Sound.



VISION

Empowering individuals, families and communities to thrive through hope, recovery, wellness and healthy lifestyles.



CORE VALUES

- Self-Determination and Empowerment
- Social Justice
- Collaboration
- Diversity and Inclusion
- Excellence, Quality and Innovation
- Accountability

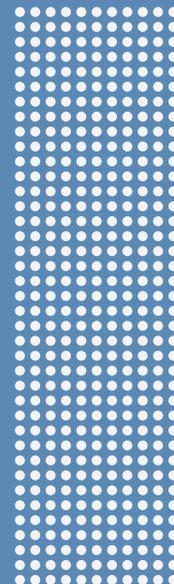
TEAM VALUES

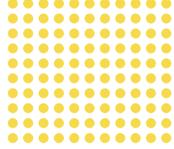
- Trust
- Respect
- Communication
- Teamwork

Ontario 



 Ontario
North Simcoe Muskoka Local Health Integration Network





CMHA-MPS Board, Advisory Committees and Councils

CMHA-MPS BOARD OF DIRECTORS

Tish Bonney
Larry Brassard
Joan Edwards-Karmazyn
George Eldridge
Krista Holmes
Kyla Holmes
Shaun Kruger
Andrea Lindsay
Patricia MacPherson
Marta Mirecki
Janet Patterson
Michael Walters
Linda Woodard

COUNCIL OF CONSUMER/SURVIVOR AND FAMILY INITIATIVES PROGRAM ADVISORY COMMITTEE

Joan Edwards-Karmazyn
Andrew Fiori
Ivan Kottner
Lou Liadis
Carol Marshall
Charles McKinnon
Polly Plested
Neil Steenson

ABORIGINAL PROGRAM ADVISORY COMMITTEE

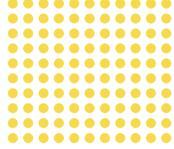
Deb Pegahmagabow; Kellie King (Wasauksing First Nation)
Gwen Dokis (Dokis First Nation)
Josh Pawis; Lisa Geroux (Shawanaga First Nation)
Deloris McKay; Karen Pegahmagabow (Parry Sound Friendship Centre)
Sherry Byrne; Kristan Sahanatien (Wahta First Nation)
Louise Ashawasegai (Henvey First Nation)
Myrna Burnside (Moose Deer Point First Nation)
Magnetawan First Nation

VOLUNTEERS

Peter Grikes
Irma Hamill
John Hayes
Judy Hillis
Debbie Johnson
Ralph Karmazyn
Floyd Ladd
Frank Lee
Linda Perreault
Valerie Sheekey
Pamela Tremblay



**here's
what we've
been up to
this year.**



Mental Health Awareness

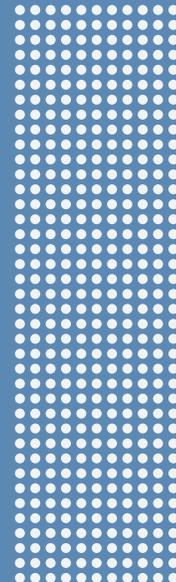
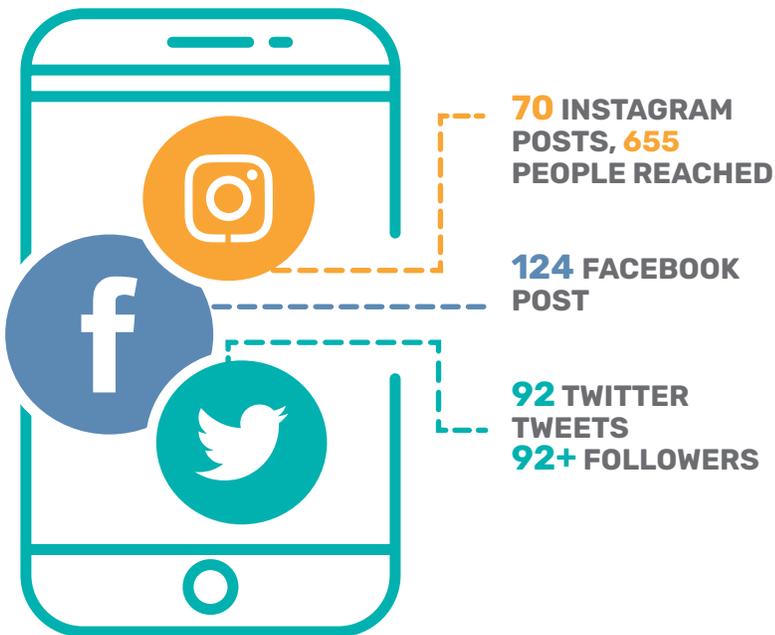
Due to COVID-19, the 2020 Spin the Lakes fundraiser was postponed until May 2021. CMHA MPS reached out to all 417 pre-registered cyclists. Most participants overwhelmingly chose to defer and/or donate their registration fees. Our Spin the Lakes cyclists' rock!

RBC generously sponsored Spin the Lakes with a **\$3,500 donation** which we were able to keep. Thank you, RBC! All said, we raised over \$10,000 for 2020 Spin the Lakes.

All other events were cancelled for the year, allowing us to focus on raising awareness through a number of social media campaigns.



\$3,500 DONATION
RECEIVED FOR
SPIN THE LAKES
FUNDRAISER





Client Experience Survey



Annmarie is my rock



Thank you for what you do to help people change their lives for the better



The services I received were critical at the time as it saved me a possible hospital admission and now I am back up to where I should be.



Christina Hill was excellent



I wouldn't know because everything I need was met perfectly



When I needed extra help encouragement and "outside the box" skills, Linda and company were there for me...by phone or in person working with me to find that effective combination of skills I needed to learn. I practice these skills daily to manage my mental well being. I can't say enough good things about the group counselling brought to life by Linda. She worked endlessly to engage and involve all of the group participants while respecting their boundaries and comfort levels. What a gift. This program has provided me with my "go to" nuggets to keep me in my wise mind everyday. With this pandemic in full swing I am so grateful to be in a better mental state of well being thanks to Linda



Ruth is amazing!!!



Lana changed my life

What People are saying....



Supporting our community



4,013 PEOPLE
RECEIVED SERVICES



1,368 GROUP SESSIONS



2.4 DAYS AVERAGE WAIT TIME
FOR FIRST ASSESSMENT



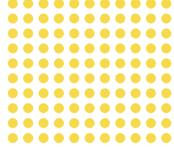
2,422 CRISIS INTERVENTIONS
PROVIDED



1,211 VIDEOCONFERENCE
APPOINTMENTS WITH SPECIALISTS
(ONTARIO TELEMEDICINE NETWORK)



58,742 INDIVIDUAL
APPOINTMENTS



Programs and Services

INTAKE SERVICE

Intake services provides a single point of entry for all services of the agency. Follow-up occurs within 24 hours of receiving the referral. Screening is provided in a timely manner with a weekly review of all referrals. If our services are not appropriate to meet the needs of the referral, we will do our best to facilitate a follow-up with another agency.

CRISIS INTERVENTION SERVICE

Crisis Intervention service provides a 24/7 telephone support service. Any person interested in receiving service may call. Consultations to hospitals, other emergency services and crisis support in the community is also available.

24/7 Crisis Number: 1-888-893-8333

COUNSELLING SERVICES

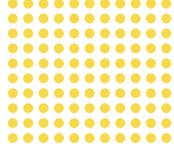
Counselling Services provide assessment, individual counselling, treatment planning and group counselling for mental health and addictions. Services may also include psychiatric consultation.

Community consultation/liaison can be made available to other organizations on issues related to addictions and mental illness. This service also provides community education to increase awareness of addictions and mental health issues.

Concurrent Disorder Services are available for individuals experiencing a mental illness and an addiction issue. The Concurrent Disorder Service provides support for people experiencing both a mental illness with a co-occurring addiction-related issue. Counselling is primarily delivered within a group format including psycho-education, treatment and facilitated self-help groups. Individual counselling including assessment, treatment planning and case management are delivered on a case-by-case basis.

Gambling Services are available for people who are concerned about their own or someone else's gambling. An assessment will be completed to ensure appropriate treatment interventions. Individual as well as group counselling is offered.

Opioid Program counselling and support is available to anyone who is concerned about their use of opioids. This includes individuals who are prescribed Methadone or Suboxone. Individual counselling, referrals to other services and harm reduction supplies are available. Counselling is also available for women who are pregnant and using substances or parents who are using substances and have children 6 years and under.



Programs and Services

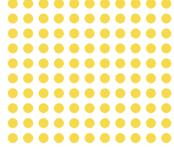
ASSERTIVE COMMUNITY TREATMENT TEAM (ACTT)

ACTT is a multidisciplinary team that provides client-centred, recovery-focused mental health treatment and community-based rehabilitation. This is an intensive program for clients whose mental illness has seriously interfered with their lives and requires long-term treatment to support independent living in the community. ACTT is available to individuals who are 18 years or older and experiencing complex mental illness challenges. Priority is given to people living with schizophrenia, schizoaffective disorder and other psychosis-related disorders.

CASE MANAGEMENT SERVICES

Case Management Services is available to people 16 years or older who are experiencing serious mental illness and/or addictions. Case management helps with:

- Daily living and meeting basic needs (housing, financial)
- Brief and longer-term support
- Life skills development
- Developing coping strategies
- Employment/vocational and social activities
- Navigating the mental health and addiction systems
- Referrals to other community resources and coordination of support
- Symptom and medication management
- Crisis prevention, intervention and management
- Health promotion and teaching with a focus on recovery and wellness
- Family counselling can be provided for those who are supporting friends or family with mental health and/or addiction issues
- Dual Diagnosis (mental illness and developmental disability) specialized services are also available



Programs and Services

EARLY INTERVENTION PSYCHOSIS PROGRAM

Early Intervention Psychosis Program provides early identification, intervention and treatment for individuals experiencing their first episode of psychosis to establish a system of support that will allow them to proceed with their life goals and maximize opportunities for personal development. It also provides service through community outreach and assertive attempts to engage individuals, and includes the provision of family support and education.

YOUTH ADDICTION SERVICES

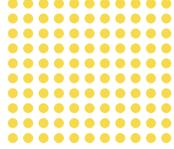
Youth Addiction Services provides counselling to youth who are misusing substances. Counselling is offered with a Harm Reduction approach, respecting the choices and promoting safer use and options that help minimize the risk of substance use. Support is also offered to youth who are impacted by someone else's use. Common supports offered include moderation, abstinence, alternative coping, self-exploration, advocacy and connection to community supports and resources. Service may include individual support, groups, outreach in schools and community. Case management support is also available for youth in Muskoka for anyone up to and including 25 years of age.

SUPPORTIVE HOUSING

The Supportive Housing Programs provide financial rent supplements to people who live with an addiction and/or a serious mental illness that are involved with the criminal justice system, homeless, at risk of becoming homeless or are marginally housed. Support by an addiction or mental health worker is provided for each person participating in the program. The agency also has a limited number of apartment units. Clients must be willing to receive on going agency support.

DIVERSION AND COURT SUPPORT SERVICES

Diversion and Court Support Services are available to adults with mental health needs and/or developmental disabilities who are in contact with the legal justice system. This program helps divert people who have a mental illness or developmental disabilities from entering the justice system, and/or provide mental health support within the legal justice system. Services may include mental health assessment, court support and diversion plans when appropriate; psychiatric consultation and diagnosis, crisis response/emergency services, facilitating access to safe beds, referrals and links to social, education and employments supports, and support for family members/support networks.



Programs and Services

WALK-IN COUNSELLING CLINICS

North Simcoe Muskoka Walk-In Counselling Clinics

Walk-in Counselling Clinics provide free single session counselling on a drop-in basis and offers quick access to support for individuals, couples and families. No pre-registration is required!

At a walk-in counselling clinic session, our counsellors can discuss your concerns and help you develop a clear plan of action to find ways to change your situation. Clinics are offered daily at various locations throughout the North Simcoe Muskoka Local Health Integration Network (NSM LHIN) and are provided in collaboration with Catholic Family Services of Simcoe County.

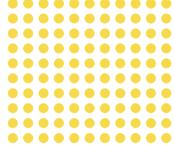
Walk-In Counselling Clinic for Muskoka is held at the Bracebridge office of CMHA-MPS on Wednesdays starting at 12 noon and accepting the last appointment at 6:30 pm. For more details, please visit www.nsmwalkincounselling.ca/ or call 1-888-726-2503.

Parry Sound Walk-In Clinic is located at our Parry Sound office at 26 James Street, Parry Sound. The walk-in clinic provides free single session counselling on a drop-in basis for individuals, couples and families. The clinic is offered every Wednesday from 4:00 pm to 8:00 pm. This new service was made possible through the efforts of the funds raised at The Ridge Classic Golf Tournament. For more details please call 1-866-829-7049.

SPECIALIZED SERVICES AND PROGRAMS

B'saanibamaadsiwin (Aboriginal Mental Health Program)

B'saanibamaadsiwin translated means "living a good life ". The Aboriginal Program is committed to practicing First Nation, Inuit, and Metis mental wellness care that is culturally safe. We acknowledge that there is a difference in how you see creation and how greater society sees the world. Our staff is committed to building skills, knowledge, and respectful attitudes that lead toward empathy and advocacy for you, your family, and your community. There will be no assault, challenge, or denial of your identity. Our services will work together with you in understanding your individual values, customs, and beliefs. We will be helpers on your healing path and will meet you where you are at in your healing without judgment. We will work with you in care planning to reach your goals towards mental wellness. Our program provides assessment, referral, crisis, and counselling services. Direction for the design, development, and delivery of services is provided by the Aboriginal Program Advisory Committee which represents the First Nation and Aboriginal communities. For more information call (705) 746-2512 or fax (705) 746-9590.



Programs and Services

SENIORS' MENTAL HEALTH PROGRAM

In partnership with North Bay Regional Health Centre, this program provides community-based mental health assessment, diagnosis and treatment recommendations for people with age-related mental health issues in the District of Parry Sound. This program works in collaboration with clients, families/care givers, family doctors and community partners. It also provides education and consultation to community partners and other professionals. This program is supported by an interdisciplinary team that includes members from psychiatry, nursing and social work based at the North Bay Regional Health Centre. For more information or to make a referral call (705) 789-8891.

ADULT PROTECTIVE SERVICES

Adult Protective Services

Provides:

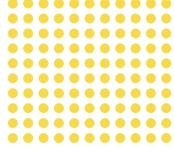
- Services to individuals who live with a developmental disability, reside within the Muskoka-Parry Sound area and are 18 years of age or older
- Referrals to the service can be made by the individual or someone acting on their behalf by contacting Developmental Services Ontario at 1-855-376-6376
- Urgent referrals can be made in person, by service providers and/or community members by calling 1-800-563-1990
 - Assistance to ensure clients receive the support services necessary to live as independently as possible in the community with all the rights and responsibilities as anyone else, to participate in community activities and community life; to have individual choices and to know their rights. This may include:
 - Assisting clients in locating and retaining accommodation
 - Providing support with life skills, financial management and emotional issues
 - Assisting clients in coordinating medical, dental appointments, etc.
 - Advocating to ensure rights of clients are not compromised
 - Assisting clients with the judicial system

For more information, please call:

Muskoka - Tel: 705-645-6771 | 1-800-245-5036 | Fax: 705-645-7473

Parry Sound - Tel: 705-774-9809 | 1-866-829-7049 | Fax: 705-746-1537

Sundridge - Tel: 705-384-1424 | 1-866-829-7050 | Fax: 705-384-5514



Programs and Services

PARTNER ASSAULT RESPONSE (PAR) PROGRAM

The PAR program is a group education/counselling program for participants who have been mandated by the court to attend the program in response to a criminal charge involving domestic violence. The 12-session program is funded by the Ministry of the Attorney General – Victim and Vulnerable Persons Division. The program provides participants with an opportunity to examine their beliefs and attitudes towards domestic abuse, and to learn non-abusive ways of resolving conflict. PAR programs aim to enhance victim safety and hold participants accountable for their behaviour.

The program also provides victims/partners updates around participant's attendance in PAR, safety planning, support and referrals to community resources.

For more information, please call:

Muskoka – Tel: 705-645-2262 ext. 1291 | 1-800-245-5036

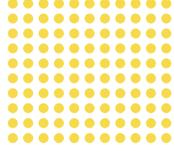
Parry Sound – Tel: 705-746-9114 | 1-866-829-7049

MALE SURVIVORS OF CHILDHOOD SEXUAL ABUSE PROGRAM

Male Survivors of Childhood Sexual Abuse Program provides counselling and support for men with a history of sexual abuse. An assessment is completed to review treatment options. Eight individuals and/or eight group sessions of counselling are offered. Services are available in Bracebridge.

BACK ON TRACK (ONTARIO'S REMEDIAL MEASURES PROGRAM)

Back on Track provides individuals convicted of an impaired driving offence or people who have received administrative driver's license suspensions access to individual Assessment and Follow Up and group Education/Treatment services.



Programs and Services

COUNCIL OF CONSUMER/SURVIVOR AND FAMILY INITIATIVES (COI)

Provides:

- Peer knowledge and support to individuals living with mental health issues as clients/survivors and/or as family members
- Peer-driven and peer-guided consumer/survivor initiatives and family initiatives in Muskoka-Parry Sound area
- Community education and awareness on mental health issues

Initiative activities may include:

- Peer support groups
- Recovery and wellness education (i.e. Wellness Recovery Action Plan)
- Skill development (i.e. social skills, communication skills)
- Resources and advocacy (i.e. information and support on navigating the mental health system)
- Social Recreation (i.e. bowling)

Peer and Family Initiatives are available in different locations across the Parry Sound and Muskoka Districts.

For more information call:

1-866-829-7050 ext. 4280 or (705) 384-5392 ext. 4280.

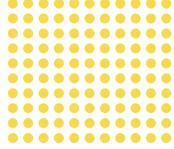
PEER SUPPORTED ROAD TO RECOVERY HOME

The R2R Program assists individuals over the age of 18 with complex mental health issues who are homeless or at risk of homelessness to reside in the community in a stable, affordable and sustainable housing environment.

Peer support staff, and ongoing clinical support staff encourage and support tenants in learning and applying the skills necessary to facilitate recovery and improve quality of life.

Provides:

- Peer Support Staff on site
- Skill development (i.e. social skills, communication skills, conflict resolution skills)
- Reintegration into the community/peer groups
- Resources and advocacy (i.e. information and support on navigating the mental health system)
- Social Recreation (i.e. bowling)
- Recovery and wellness education (i.e. Wellness Recovery Action Plan)



Programs and Services

BECOME A VOLUNTEER

Volunteers give generously of their time, talents and energy to support the work of CMHAMPS, during the day, evenings and occasionally on weekends throughout the year. Volunteers' interests, availability and preferences are accommodated through a variety of opportunities with the agency.

The volunteer program provides opportunities to assist in the delivery of service and enhance the quality of life for people who live with an addiction, serious mental illness, or developmental disability. There are community or site-based volunteer assignments within Muskoka and Parry Sound Districts. A wide range of volunteer assignments include transportation, research, special events planning, reception, administrative support and direct client support. The agency provides reimbursement for mileage, and there are ongoing volunteer training opportunities. This program provides support to both the volunteer and the staff for the duration of the volunteer assignment.

To learn more about the Volunteer Program call 705-746-4264 or 1-866-829-7049 and ask for the volunteer coordinator. An application form can also be found on our website: www.cmhamps.ca.

Human Resources

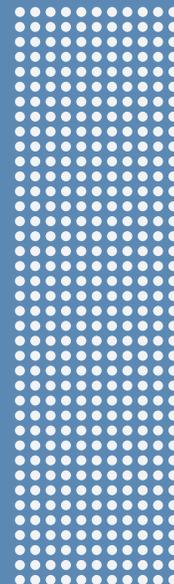
CURRENT STAFFING AT THE END OF MARCH 31, 2021

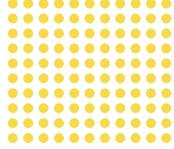


120 STAFF
(PART-TIME, FULL-TIME AND CONTRACTORS)



14 NEW HIRES

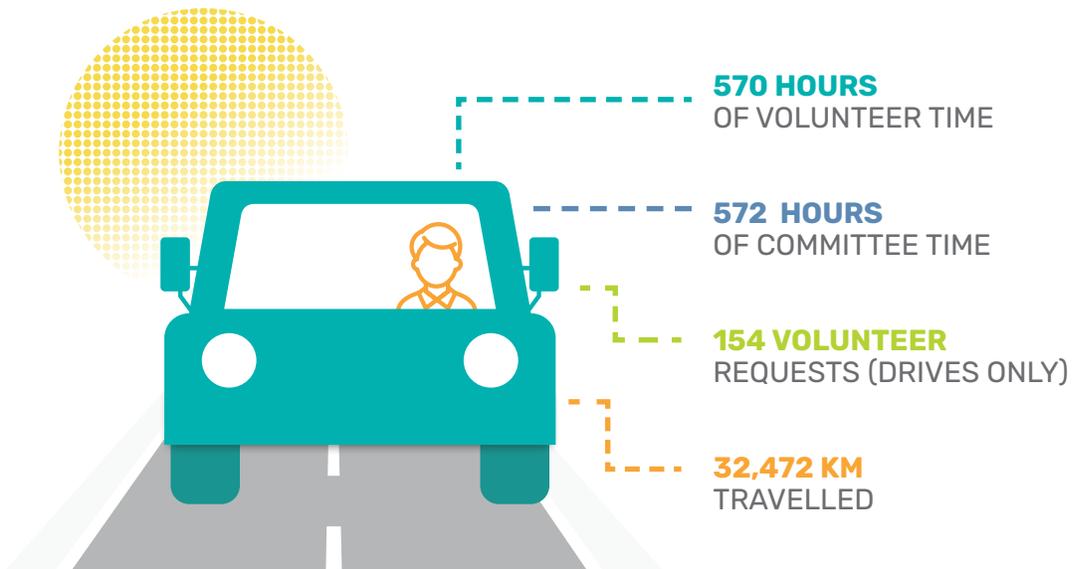


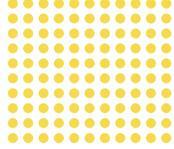


VOLUNTEER PROGRAM During COVID

The volunteer program underwent many changes during this past year including a new co-ordinator, the pandemic and a comprehensive overhaul of its policies. Many of the volunteers were not willing/able to participate in the program however, there were three volunteers who divided up the work and were willing to transport clients during the pandemic. We thank them for their service.

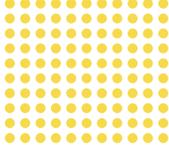
We filled **154 volunteer** requests (drives only). These volunteers drove **32,472 kilometers** and put in 570 hours of their valuable time. Not to mention, the volunteers that make up our Board of Directors, Aboriginal Program Advisory Committee and the Council of Consumer Survivors and Family Initiatives Program Advisory Committee contributed **571.5 hours** of their precious time.



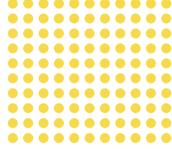


Operational Plan 2019/2020

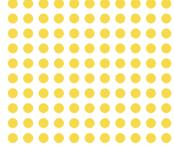
STRATEGIC PRIORITY	4 YEAR STRATEGIC OBJECTIVE	2018-19 OBJECTIVE	INDICATOR & MEASURE	OUTCOME
Committed to indigenous holistic practice including bridging western science in the provision of mental wellness	CMHAMPS will have cultural capacity that supports indigenous holistic practices	All staff will receive Indigenous cultural training, Introduce Ally-ship training	80% of all staff will have completed the ICS training All Leadership team will attend Ally-Ship training	Achieved!
	Promote the self determination of B'saanibamadswin	Engage Community Health system partners and Chiefs in planning	Participation of all communities	Achieved!
Promote good mental health for our clients, families and special populations across the lifespan	CMHAMPS will be adaptable and flexible to meet the self-determined needs of our communities, clients, and families.	Improve increased access to service as needed. Expand use of technology to offer groups through OTN across geography	<ol style="list-style-type: none"> 1) Secure additional services for seniors in PS 2) Become a member of Transgender community committee 3) Survey community, clients, families to determine need for extended hours of services. 4) Introduce addictions/ concurrent disorders group across districts via OTN 	<ol style="list-style-type: none"> 1. Increased resources for seniors achieved with one additional RPN 2. Continue to engage in local transgender committee and support PRIDE initiatives 3. All offices expanded flexible hours to meet needs 4. Introduced successfully use of OTN and MS Teams for groups
	CMHAMPS enables practices that involve families in client's recovery.	Awareness bilding within COI and the agency of family groups	Advertising of COI family groups	During pandemic shifted resources from group to individual peer support



STRATEGIC PRIORITY	4 YEAR STRATEGIC OBJECTIVE	2018-19 OBJECTIVE	INDICATOR & MEASURE	OUTCOME
	CMHAMPS builds capacity to offer peer connections to clients/families.	Implement Peer support in ED	Complete Proposal to LHIN and MAHC	On Hold for implementation due to pandemic
Continuous quality improvement and client safety	Ensure Workplace Quality for staff and volunteers	Maintain a process of evaluating all aspects of the organization including program, leadership and governance, identifying key areas for improvement, key areas of risk and implementing change initiatives	Maintain annual Quality Improvement and Risk Management Plan	Achieved!
	Provide Safe and Effective Client Services	Maintain a process of evaluating all aspects of the organization including program, leadership and governance, identifying key areas for improvement, key areas of risk and implementing change initiatives	Decrease in adverse events No lost time due to injury	50% decrease in adverse events No lost time due to workplace injuries
Increase resources to meet the needs of our clients, families and communities	A dedicated 1.0 FTE with a self-sustaining budget	Successful fundraising efforts each year will secure funding for following year	Fundraising target \$150,000 annually	Achieved!
	To have consumer and staff participation and engagement across all Resource Development events	Each major fundraising event will have staff and community (consumer, family, public) participation	Staff and community members participation rates	Large Fundraising events cancelled. Virtual events held during pandemic



STRATEGIC PRIORITY	4 YEAR STRATEGIC OBJECTIVE	2018-19 OBJECTIVE	INDICATOR & MEASURE	OUTCOME
	Efficient and responsive partnerships are developed to respond to acute crisis situations	Evaluate partnership with OPP and hospital	<p>Ongoing monitoring of Parry Sound Situation Table</p> <p>Engage community in Muskoka Situation Table</p> <p>Implementation of RAAM in Muskoka</p> <p>Increase resources in Police Ride Along</p>	<p>Parry Sound Situation Table continues to operate weekly</p> <p>Muskoka Situation Table fully implemented</p> <p>RAAM Muskoka fully implemented in partnership with NPLC</p> <p>Achieved increase resources to Muskoka Police Ride along partnership</p>
Strengthen our capacity to enhance the system through collaboration and partnerships	Development and implementation of a CMHAMPS-sponsored harm reduction/wellness strategy	<ol style="list-style-type: none"> 1. Obtain management approval for policy and adapt the policy to link with agency practice 2. Community education re: harm reduction and community engagement with regard to harm reduction. i.e: OPP, naloxone training, overdose events in each office. RAAM clinic established in Parry Sound in May 2019, Bracebridge RAAM development stages 	Development of agency strategy and policy Launch of RAAM in Muskoka	<p>Harm Reduction Strategy including policy completed</p> <p>RAAM in Muskoka implemented in February 2020</p>
	Coordinated care plans for clients of CMHAMPS across all services	TREAT will have the capacity to support coordinated care plans in an efficient manner	Staff Training Plan developed	<p>Interprofessional Plan of Care</p> <p>implemented including staff training completed</p>



Financial report

Total Funding	Budget (2020-2021)
Algonquin Family Health Team Contract	202,020
Burk's Falls Family Health Team Contract	69,098
Cottage Country Family Health Team	101,010
Centre for Addiction & Mental Health – Back on Track Program	29,000
DeNovo Treatment Centre	17,000
Community Counselling Centre Nipissing (CCCNIP)	
WPS Housing Case Manager	42,840
Behaviour Supports Ontario (BSO)	95,000
Parry Sound Opioid Program	213,139
Family Services of Peel	25,760
Ministry of Health	659,302
Ministry of Children, Community and Social Services	
Adult Protective Services	365,437
Youth Program	49,627
The Hands Family Network Dual Diagnosis Case Management	47,021
Ministry of the Attorney General	95,164
North Simcoe Muskoka Local Health Integration Network	10,179,379
Northern Psychiatric Outreach Program	7,000
Simcoe Catholic Family Services – Walk In Clinic	31,800
Waypoint – Ontario Structured Psychotherapy	422,448
Total	\$ 12,652,045



canadian mental health association **Muskoka-Parry Sound**



**Canadian Mental
Health Association**
Muskoka - Parry Sound

**Addictions and
Mental Health Services**

 cmhamps.ca

 [CMHA Muskoka-Parry Sound](https://www.facebook.com/CMHAMuskokaParrySound)

 [CMHA_MPS](https://twitter.com/CMHA_MPS)

SUNBRIDGE OFFICE

87 Main Street
Box 40 Sundridge,
ON P0A 1Z0
(705) 384-5392 or
1-866-829-7050

PARRY SOUND OFFICE

60 James Street, Suite 2
Parry Sound, ON P2A 1T5
(705) 746-4264 or 1-866-
829-7049

BRACEBRIDGE OFFICE

173 Manitoba Street,
Suite 202 Bracebridge,
ON P1L 1S3
(705) 645-2262 or
1-800-245-5036

HUNTSVILLE OFFICE

8 Crescent Road, Unit 3
Huntsville, ON P1H 0B3
(705) 789-8891