

SAVE THE DATE

C.O.I FAMILY RETREAT

*You are not alone
in this.*

WHEN

**May 2nd , 2020
10:00 a.m. - 3:30 p.m.**

WHERE

**466 Main Street Powassan
Ontario (above Purdon's)**

**FEATURING • Guest Speakers, Networking,
Education and awareness, more
information to come**

**Family retreats help to promote hope and
wellness for family members and
caregivers of individuals living with
mental health issues**

**FOR MORE
INFORMATION**
Please contact :

VALERIE KITCHEN
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Extension 4228

KATHY STEVENSON
705-384-5392
Extension 4280

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**EVENT SPONSORED
BY:**
**Council of Consumer/
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Canadian Mental
Health Association
Muskoka - Parry Sound

Addictions and
Mental Health Services