

CONFERENCE AGENDA:

- 9:30 am-Registration
10:00—Welcome
10:15—**Keynote:**
Dr. Patricia Pottie
11:15—Break and Door Prizes
11:30—Annual General Meeting
12:00 noon-Lunch
1:00—I Am Still Your Child video
and panel discussion
2:15-Break and Door Prizes
2:30—Heather Ashby
3:15 —Dr. Patricia Pottie wrap-
up exercises

ANNUAL GENERAL MEETING BUSINESS AGENDA

- ◆ Approval of Agenda
- ◆ Approval of minutes from Annual General Meeting on June 15, 2018
- ◆ Approval of Auditor's Report for fiscal year 2018/2019
- ◆ Appointment of Auditor for 2019/2020
- ◆ Auditor's Remuneration for 2019/2020
- ◆ Staff Recognition – Years of Service
- ◆ Volunteer Recognition—Years of Service
- ◆ Board of Directors' Retirement
- ◆ Program Advisory Committees' Recognition

CANADIAN MENTAL HEALTH ASSOCIATION, MUSKOKA-PARRY SOUND BRANCH

OFFICE INFORMATION:

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Huntsville—67 Main Street West

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July 12, 2019 to this address)

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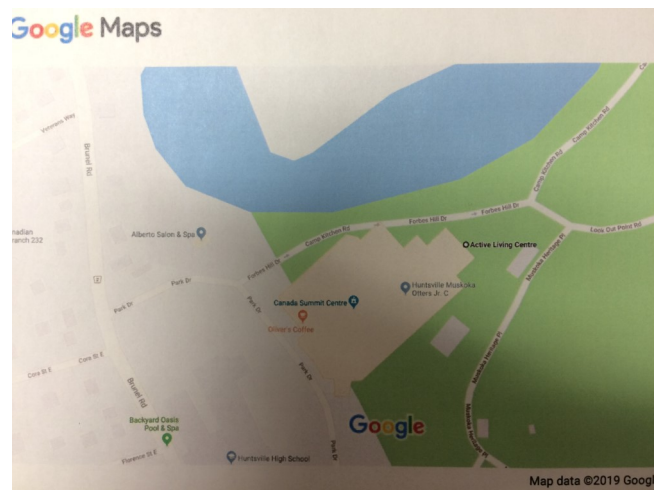
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Canadian Mental
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Muskoka - Parry Sound

Addictions and
Mental Health Services

Presents:

MENTAL HEALTH AND THE FAMILY ANNUAL GENERAL MEETING AND CONFERENCE DAY

June 21, 2019



ACTIVE LIVING CENTRE

**20 Park Drive
HUNTSVILLE, ON
- starting at 9:30 am**

RSVP to Sandra @

1-800-245-5036 ext 1339

or smaclennan@cmhamps.ca

KEYNOTE—10:15 am Dr. Patricia Pottie



Dr. Patricia Lingley-Pottie is co-founder, President & CEO of the Strongest Families Institute (SFI) and SFI's sophisticated eHealth system, IRIS (Intelligent Research and Intervention Software). Her expertise is focused on innovative, e-system development and organizational efficiencies; development and evaluation of evidence-based programs; outcome evaluation; telephone and virtual coaching development, training and digital system integration; client-centred care; system scalability; scale development; and clinical trial design.

As a Scientist at the IWK Health Centre and Assistant Professor in the Department of Psychiatry at Dalhousie University, she continually seeks opportunities and new research partners to develop new programs and to utilize, customize and enhance the IRIS platform to provide innovative solutions to bridge the access gap. Dr. Pottie has 33 publications and has received national recognition for social innovation as a co-recipient of the 2012 Mental Health Commission Award, the 2013 Ernest C. Manning Award, and the 2017 Governor General's Innovation Award. Most recently she received the 2018 Atlantic Business Magazine Top 50 CEO Award.

Video—I Am Still Your Child & Panel Discussion 1:00 pm



I Am Still Your Child, a documentary film by Megan Durnford, explores the point of view of growing up with a mentally ill parent through the intimate and touching stories of Sarah, Jessie and Von, but their experiences speak to a much wider issue. We've gathered other firsthand stories here in addition to in-depth information and resources about the subject.

Children who grow up with a parent who has mental health difficulties are at risk for a host of grave repercussions, among which a much higher risk of developing mental illness themselves and reproducing a potentially toxic pattern. These children are vulnerable to life-long disability and yet they are virtually invisible to our healthcare system. Our goal is to shed light on the issue and provide solutions that will help break the isolation in which children of a parent with a mental illness often live.

A born storyteller, Megan Durnford, the writer and director of *I Am Still Your Child*, is based in Montreal. After 15 years of writing for newspapers, multimedia projects and non-fiction books, Megan made her first foray into documentary film with *Just A Lawn* (2007) a short documentary about the dark side of "perfect" lawns. This film has been presented at 14 international film festivals. Megan has studied documentary film at the Summer Institute of Film and Television in Ottawa and at IDF Academy in Amsterdam.

Heather Ashby— Comic Relief—2:30



We are pleased to announce that celebrated local talent and comic relief artist Heather Ashby has agreed to perform one of her routines for us at this year's Annual General Meeting and Conference Day. Heather comes to us highly recommended from several people who have seen her perform we are excited she has agreed to perform for us!!

