

SAVE
THE
DATE

**May 4th, 2019 Hidden
Valley Resort Huntsville
10-3P.M.**

*This Family Wellness Retreat is being
provided to caregivers and family members
who care for and support
individuals
living with mental health
issues.*

*Come out and meet other family members
in your community.*

*Enjoy a day of
entertainment, education and
support.*

*Spend a free, fun day
focused on your
wellness!*

*We look forward to
meeting you.*

The Council of Consumer/Survivor
and Family Initiatives is pleased to
host-

FAMILY WELLNESS RETREAT

Are you a person who supports
an individual living with a
mental health issue?

**THEN THIS EVENT IS FOR
YOU!**



**GUEST SPEAKERS, INTERACTIVE
ENTERTAINMENT. FOR MORE INFO CONTACT**

VALERIE KITCHEN Program Coordinator-Council of Consumer/Survivor
and Family Initiatives

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Canadian Mental
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Muskoka - Parry Sound

Addictions and
Mental Health Services