Canadian Mental Health Association
Muskoka - Parry Sound

Addictions and Mental Health Services

JANUARY 10, 2019
FEBRUARY 14, 2019
MARCH 14, 2019
FROM 6:00PM TO 8:00 PM

FAMILY PEER SUPPORT GROUP

Council of Consumer/ Survivor and Family Initiatives Program

Are you a family member or support person of someone living with mental health issues? Then this group is for you!

Family Peer Support Group provides support and education to family members/ care givers who are supporters for individuals with mental health issues.

We provide a safe, non-judgmental environment for growth, healing and information.

Location is at 250 Clark Street, Powassan Upper Meeting room CEDAR

Share your story, your struggles and your coping strategies

We all need someone to talk to

Let's work together

Together we can achieve anything!!

CANADIAN MENTAL HEALTH ASSOCIATION – MUSKOKA PARRY SOUND

Please contact for more information

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Ontario
North Simcoe Muskoka Local Health Integration Network
Réseau local d'intégration des services de santé de Simcoe Nord Muskoka