Canadian Mental Health Association
Muskoka - Parry Sound

Addictions and Mental Health Services

APRIL 16, 2019
APRIL 30, 2019
MAY 14, 2019
MAY 28, 2019
JUNE 11, 2019
JUNE 25, 2019
JULY 9, 2019

FROM 4:30PM TO 6:00 PM

FAMILY PEER SUPPORT GROUP

Council of Consumer/Survivor and Family Initiatives Program

Are you a family member or support person of someone living with mental health issues? Then this group is for you!

The Family Peer Support Group provides support and education to family members/care givers who are supporters for individuals with mental health issues.
We provide a safe, non-judgmental environment for growth, healing and information.

Location

26 James St, 2nd floor, Parry Sound

Share your story, your struggles and your coping strategies

We all need someone to talk to

Let's work together

Together we can achieve anything!!

CANADIAN MENTAL HEALTH ASSOCIATION – MUSKOKA PARRY SOUND

Please contact for more information

Susan Adams at

1-705-746-4264 (x 2239)

sadams@cmhamps.ca

ACCREDITED

Supported by / Avec le soutien de
Ontario
North Simcoe Muskoka Local Health Integration Network
Réseau local d'intégration des services de santé de Simcoe Nord Muskoka