



**MON. JAN 13, 2020**  
**MON. JAN. 27, 2020**  
**5:00PM TO 7:00 PM**

# **FAMILY PEER SUPPORT GROUP**

**Council of Consumer/Survivor and Family Initiatives Program**

**Are you a family member or support person of someone living with mental health issues? Then this group is for you!**

The Family Peer Support Group provides support and education to family members/care givers who are supporters for individuals with mental health issues.

We provide a safe, non-judgmental environment for growth, healing and information.

**Location**  
**CMHA Muskoka-Parry Sound**  
**Room 213**  
**60 James St,**  
**Parry Sound**

**Share your story, your struggles and your coping strategies**

**We all need someone to talk to**

**Let's work together**

**CANADIAN MENTAL HEALTH ASSOCIATION – MUSKOKA PARRY SOUND**

Please contact for more information:

Valerie Kitchen at

705 384 5392 ex. 4228

Kathy Stevenson at

705 384 5392 ex. 4280



Schedule is subject to change

