Canadian Mental Health Association
Muskoka - Parry Sound

Addictions and Mental Health Services

MON. FEB. 3, 2020
MON. FEB. 24, 2020
5:00PM TO 7:00 PM

FAMILY PEER SUPPORT GROUP

Council of Consumer/Survivor and Family Initiatives Program

Are you a family member or support person of someone living with mental health issues? Then this group is for you!

The Family Peer Support Group provides support and education to family members/care givers who are supporters for individuals with mental health issues.
We provide a safe, non-judgmental environment for growth, healing and information.

Supported by / Avec le soutien de
Ontario
North Simcoe Muskoka Local Health Integration Network
Réseau local d'intégration des services de santé de Simcoe Nord Muskoka

Schedule is subject to change

Location

CMHA Muskoka-Parry Sound

Room 213

60 James St, Parry Sound

Share your story, your struggles and your coping strategies

We all need someone to talk to

Let's work together

CANADIAN MENTAL HEALTH ASSOCIATION – MUSKOKA PARRY SOUND

Please contact for more information:

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