



Addictions and
Mental Health Services

Powassan Drop in October 2019

**We are
A Scent Free
Zone
~no perfume
Or after shave**



Council of Consumer/Survivor
and Family Initiatives

SATURDAY

Saturday October 5, 2019

9:00 a.m. to 11:30 a.m.: Pool tournament
11:30 a.m. to 2:00 p.m. : Lunch for staff and paper work

Saturday October 12, 2019

9:00 a.m. to 11:30 a.m.: Mind Games
11:30 a.m. to 2:00 p.m. : Lunch for staff and paper work

Saturday October 19, 2019

9:00 a.m. to 11:30 a.m.: Games and social
11:30 a.m. to 2:00 p.m. : Lunch for staff and paper work

Saturday October 26, 2019

Valerie covering drop in within the community

As part of our Accessibility policy and commitment, if you are wishing to have this information in a different format, please contact the Manager of Human Resources and Administration feed-back@cmhamps.ca or call 705-645-2262

**Kathy Stevenson
Initiative Coordinator**

**705 384 5392
extension 4280**

Saturday's Powassan Drop In Center 466 Main Street Powassan ON
Powassan drop in is a self-help, peer run Initiative for consumer/survivor who live with mental health issues. We provide peer support, recovery education and skills development.
Good Mental Health for All For All

Supported by / Avec le soutien de



Ontario

North Simcoe Muskoka Local Health Integration Network

Réseau local d'intégration des services de santé de Simcoe Nord Muskoka

