

# Muskoka Family Peer Support Group

Provides support and education to family members and caregivers who care for individuals with mental health issues. We provide a safe, non-judgmental environment for growth and healing.

**Weekly Meetings as follows:**

**HUNTSVILLE:**

**July 8 & 22, August 12, September 9 & 23**

Summit Centre, Al Thorpe Room, 20 Park Drive (across from Pool office)

**BRACEBRIDGE:**

**July 15 & 29, August 19, September 16 & 30**

Canadian Mental Health Association, Small Multi-Purpose Room, 173 Manitoba Street

**PLEASE JOIN US!**

**Please note: The group will not be meeting on July 1, August 5, August 26 or September 2**

**For more information please contact:**

Linda Watt

Initiative Coordinator

705 645 2262 ex. 1603

Valerie Kitchen

Program Coordinator-COI

705 384 5392 ex. 4228



Canadian Mental  
Health Association  
Muskoka - Parry Sound

Addictions and  
Mental Health Services



Supported by / Avec le soutien de



Ontario  
North Simcoe Muskoka Local  
Health Integration Network  
Réseau local d'intégration  
des services de santé de  
Simcoe Nord Muskoka

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Council of Consumer/  
Survivor and Family  
Initiatives -COI

**MONDAYS**

**6:00–7:30 PM**

**ALTERNATING IN  
HUNTSVILLE &  
BRACEBRIDGE**