

Muskoka Family Peer Support Group

Provides support and education to family members and caregivers who care for individuals with mental health issues. We provide a safe, non-judgmental environment for growth and healing.

Weekly Meetings as follows:

HUNTSVILLE:

January 13 & 27, February 10, March 2, 16 & 30, 2020

Summit Centre, Al Thorpe Room, 20 Park Drive (across from Pool office)

BRACEBRIDGE:

January 6 & 20, February 3 & 24, March 9 & 23, 2020

Canadian Mental Health Association, Small Multi-Purpose Room, 173 Manitoba Street

Please note: The group is not meeting on February 17, 2020

If desired, other support arrangements can be made for that week.

For more information please contact:

Linda Watt
Initiative Coordinator
Cell: 705 205 5601

Valerie Kitchen
Program Coordinator-COI
705 384 5392 ex. 4228



Canadian Mental
Health Association
Muskoka - Parry Sound

Addictions and
Mental Health Services



Supported by / Avec le soutien de



Ontario
North Simcoe Muskoka Local
Health Integration Network
Réseau local d'intégration
des services de santé de
Simcoe Nord Muskoka

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MONDAYS

6:00–7:30 PM

**ALTERNATING IN
HUNTSVILLE &
BRACEBRIDGE**

