

Muskoka Family Peer Support Group

Provides support and education to family members and caregivers who care for individuals with mental health issues. We provide a safe, non-judgmental environment for growth and healing.

Council of Consumer/
Survivor and Family
Initiatives -COI

MONDAYS

5:30–7:00 PM

**ALTERNATING
IN HUNTSVILLE
& BRACEBRIDGE**

Weekly Meetings as follows:

Canadian Mental Health Association, Multi-Purpose Room

HUNTSVILLE: 67 Main Street West

January 14 & 28, February 11, March 4 & 18

Canadian Mental Health Association, Small Multi-Purpose Room

BRACEBRIDGE: 173 Manitoba Street

January 7 & 21, February 4 & 25, March 11 & 25

PLEASE JOIN US!

For more information please contact:

Linda Watt

Initiative Coordinator

705 645 2262 ex. 1603

Valerie Kitchen

Program Coordinator-COI

705 384 5392 ex. 4228



Canadian Mental
Health Association
Muskoka - Parry Sound

Addictions and
Mental Health Services



Supported by / Avec le soutien de



Ontario

North Simcoe Muskoka Local
Health Integration Network
Réseau local d'intégration
des services de santé de
Simcoe Nord Muskoka

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