

Muskoka Family Peer Support Group

Provides support and education to family members and caregivers who care for individuals with mental health issues. We provide a safe, non-judgmental environment for growth and healing.

Bi-Weekly Meetings as follows:

November 5th, 19th

December 3rd, 17th

Canadian Mental Health Association, Multi-Purpose Room
67 Main Street West
HUNTSVILLE:

Please join us!

For more information please contact:

Linda Watt

Initiative Coordinator

705 645 2262 ex. 1603

Valerie Kitchen

Program Coordinator-COI

705 384 5392 ex. 4228



Canadian Mental
Health Association
Muskoka - Parry Sound

Addictions and
Mental Health Services



Supported by / Avec le soutien de



Ontario

North Simcoe Muskoka Local
Health Integration Network
Réseau local d'intégration
des services de santé de
Simcoe Nord Muskoka

As part of our Accessibility policy and commitment, if you are wishing to have this information in a different format, please contact the Manager of Human Resources and Administration feedback@cmhamps.ca or call 705-645-2262.

Council of Consumer/
Survivor and Family
Initiatives -COI

MONDAYS

5:30–7:00 PM

**ALTERNATING
IN HUNTSVILLE
& BRACEBRIDGE**