

Dreamcatchers February 2020

**We are
A Scent Free
Zone
~no perfume
Or after shave**



Council of Consumer/Survivor
and Family Initiatives

**Thursday's at
11:00 a.m. to 3:00
p.m. 162 Huston St,
Burk's Falls (Main
Street entrance
back door of IDA)**

Dreamcatchers is a
self-help, peer run
Initiative for consum-
er/survivor who live
with mental
health issues.

We provide peer
support, recovery
education and skills
development.

**Good Mental
Health for All
For All**

THURSDAY

Thursday February 6, 2020

Games day

Thursday February 13, 2020

S o c i a l a n d e d u c a t i o n d a y

Thursday February 20, 2020

C o o k i n g

Thursday February 27, 2020

Monthly Meeting

(Movie night February 28 at the Galaxy Cinema North Bay)

As part of our
Accessibility policy
and commitment, if
you are wishing to
have this infor-
mation in a different
format, please
contact the Manager
of Human Resources
and Administration
[feed-
back@cmhamps.ca](mailto:feedback@cmhamps.ca) or
call 705-645-2262

**Kathy Stevenson
Initiative Coordi-
nator**

**705 384 5392
extension 4280**

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Health Integration Network
Réseau local d'intégration
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Simcoe Nord Muskoka