

# Council of Consumer/ Survivor and Family Initiatives

## EPS Family Wellness Group From 6 p.m. to 8 p.m. held at 87 Main Street East, Sundridge

### Next 4 Meeting Dates:

**Thursday September 26, 2019**  
**Thursday October 24, 2019**  
**Thursday November 28, 2019**  
**Thursday December 19, 2019**



Canadian Mental  
Health Association  
Muskoka - Parry Sound

Addictions and  
Mental Health Services



### For More information Contact

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Program Coordinator  
1-705-384-5392  
Extension 4228

**Kathy Stevenson**  
Assistant Program  
Coordinator  
1-705-384-5392  
Extension 14280

~Good Mental Health for all ~

Family Peer Support Group provides support and education to family members and/or caregivers who care for individuals with mental health issues.

We provide a safe, non-judgmental environment for growth and healing

As part of our Accessibility policy and commitment, if you are wishing to have this information in a different format, please contact the Manager of Human Resources and Administration [feedback@cmhamps.ca](mailto:feedback@cmhamps.ca) or call 705-645-2262

