Council of Consumer/ Survivor and Family Initiatives

EPS Family Wellness Group From 6 p.m. to 8 p.m. held at 87 Main Street East, Sundridge

> <u>Next 4 Meeting</u> <u>Dates:</u> Thursday May 23 24, 2019 Thursday June 27, 2019 Thursday July 25, 2019 Thursday August 22, 2019



For More information Contact

Valerie Kitchen

Program Coordinator I-705-384-5392 Extension 4228

Kathy Stevenson

Assistant Program Coordinator I-705-384-5392 Extension 14280 ~Good Mental Health for all ~

Family Peer Support Group provides support and education to family members and/or caregivers who care for individuals with mental health issues.

We provide a safe, non-judgmental environment for growth and healing

As part of our Accessibility policy and commitment, if you are wishing to have this information in a different format, please contact the Manager of Human Resources and Administration <u>feedback@cmhamps.ca</u> or call 705-645-2262

