

Dreamcatchers December 2019

**We are
A Scent Free
Zone
~no perfume
Or after shave**



Council of Consumer/Survivor
and Family Initiatives

**Thursday's at
11:00 a.m. to 3:00
p.m. 162 Huston St,
Burk's Falls (Main
Street entrance
back door of IDA)**

Dreamcatchers is a
self-help, peer run
Initiative for consum-
er/survivor who live
with mental
health issues.
We provide peer
support, recovery
education and skills
development.

**Good Mental
Health for All
For All**

THURSDAY

Thursday December 5, 2019

Pathways

Thursday December 12, 2019

Games day

Thursday December 19, 2019

Monthly Meeting + cooking

Thursday December 26, 2019

**Dreamcatcher Closed MERRY CHRISTMAS and a
HAPPY NEW YEAR**

As part of our
Accessibility policy
and commitment, if
you are wishing to
have this infor-
mation in a different
format, please
contact the Manager
of Human Resources
and Administration
[feed-
back@cmhamps.ca](mailto:feed-back@cmhamps.ca) or
call 705-645-2262

**Kathy Stevenson
Initiative Coordi-
nator**

**705 384 5392
extension 4280**

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