

Addictions and Mental Health Services

Powassan Drop in August 2019

We are **A Scent Free** Zone ~no perfume Or after shave



Council of Consumer/Survivor and Family Initiatives

Saturday's Powassan **Drop In Center 466** Main Street Powassan ON

Dreamcatchers is a self-help, peer run Initiative for consumer/survivor who live with mental health issues. We provide peer support, recovery education and skills development. **Good Mental** Health for All For All

SATURDAY

Saturday August 3, 2019

Powassan Drop in Closed

Saturday August 10 2019

Saturday August 17, 2019 9:00 a.m. to 11:30 a.m.: Walk in the community

Staff providing services with in community

Saturday August 24, 2019

9:00 a.m. to 11:30 a.m.: personal hygiene 11:30 a.m. to 1:00 p.m.: Lunch for staff and paper

work

1:00 p.m. to 3:00 p.m.: Bingo

As part of our Accessibility policy and commitment, if you are wishing to have this information in a different format, please contact the Manager of Human Resources and Administration feed-

back@cmhamps.ca or call 705-645-2262

Kathy Stevenson Initiative Coordinator

705 384 5392 extension 4280

Supported by / Avec le soutien de



Saturday August 31, 2019

9:00 a.m. to 11:30 a.m.: Monthly Meeting 11:30 a.m. to 1:00 p.m. : Lunch for staff and paper

work

1:00 p.m. to 3:00 p.m.: games/ members choice

