

Council of Consumer/Survivor  
and Family Initiatives

# Dreamcatchers April 2019

**We are  
A Scent Free  
Zone  
~no perfume  
Or after shave**



## **Thursday's at the bottom the the IDA Main Street entrance**

162 Huston St, Burk's  
Falls, ON P0A 1C0

Dreamcatchers is a  
self

help, peer run Initia-  
tive for

consumer/survivor  
who live with men-  
tal

health issues.

We provide peer  
support, recovery  
education and skills  
development.

*Good Mental*

*Health for All*

**THURSDAY'S FROM 11:00 TO 3:00 P.M.**

**Thursday April 4, 2018**

Games day and Group social

**Thursday April 11, 2019**

*Cooking Class*

**Thursday April 18, 2019**

Lesson Plan

**Thursday April 25, 2019**

Monthly meeting

As part of our  
Accessibility policy  
and commitment, if  
you are wishing to  
have this infor-  
mation in a different  
format, please  
contact the Manager  
of Human Resources  
and Administration  
[feed-  
back@cmhamps.ca](mailto:feed-back@cmhamps.ca) or  
call 705-645-2262

**Kathy Stevenson  
Initiative Coordi-  
nator**

**705 384 5392  
extension 4280**

Supported by / Avec le soutien de



**Ontario**

North Simcoe Muskoka Local  
Health Integration Network  
Réseau local d'intégration  
des services de santé de  
Simcoe Nord Muskoka