

** Calendar subject to change without notice to promote membership wellness. **



Canadian Mental Health Association
Muskoka - Parry Sound

Addictions and
Mental Health Services



December 2019

Greenhouse Friendship Centre

Tuesdays
1:00–3:30 pm
@ Summit Centre
Al Thorpe Room
Near pool entrance

Community Thursdays
1:00 – 3:00 pm
@ Huntsville Place Mall

Greenhouse is a Self-Help, Peer-run Initiative for consumers/survivors for people who live with mental health issues. We provide Peer Support, Skills Teaching and Recovery Education.

Contact: Linda Watt
Initiative Coordinator

Mobile: (705) 205-5601

Phone: (705)-645-2262 #1603

Community Thursday Contacts

Alan 705-783-0083 via text

Todd 705-380-1088

We are a Scent Free Zone, please do not use perfume, cologne, after shave or any scented products when attending Greenhouse .

SUN	MON	TUE	WED	THU	FRI	SAT
1	2	3 Cards And Coffee	4	5 Community Thursdays	6	7
8	9 Christmas Luncheon 12-3	10 Shop, Cook and Eat	11	12 Community Thursdays	13	14
15	16	17 Little Christmas Paintings	18	19 Community Thursdays	20	21
22	23	24 CLOSED Christmas Eve	25 CLOSED Enjoy your Christmas 	26 CLOSED Boxing Day	27	28
29	30	31 CLOSED New Year's Eve 		Jan 2/20 Community Thursdays Self run	<small>Supported by / Avec le soutien de</small>  Ontario <small>North Simcoe Muskoka Local Health Integration Network Réseau local d'intégration des services de santé de Simcoe Nord Muskoka</small>	

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