

** Calendar subject to change without notice to promote membership wellness. **



Canadian Mental Health Association
Muskoka - Parry Sound

Addictions and Mental Health Services



August 2019

Greenhouse Friendship Centre

Tuesdays
1:00–3:30 pm
@ Summit Centre
Al Thorpe Room
Near pool entrance

Community Thursdays
1:00
@ Huntsville Place Mall

Greenhouse is a Self-Help, Peer-run Initiative for consumers/survivors for people who live with mental health issues. We provide Peer Support, Skills Teaching and Recovery

Contact:

Linda Watt
Initiative Coordinator

Phone: (705)-645-2262 #1603
Mobile: (705) 205-5601

Community Thursdays
Contacts:

Alan 705-783-0083 via text
Todd 705-380-1088

We are a Scent Free Zone, please do not use perfume, cologne, after shave or any scented products when attending Greenhouse .

SUN	MON	TUE	WED	THU	FRI	SAT
				1 Community Thursdays (Self-Run)	2	3
4	5	6 Games Day	7	8 Community Thursdays	9	10
11	12	13 Shop, Cook and Eat	14	15 Community Thursdays (Most Members Away)	16	17
18	19	20 Members Meeting/Calendar	21	22 Community Thursdays	23	24
25	26	27 Bowling (Self-Run)	28	29 Community Thursdays (Self-Run)	30	31



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