

**\*\* Calendar subject to change without notice to promote membership wellness. \*\***



**Canadian Mental Health Association**  
Muskoka - Parry Sound

**Addictions and Mental Health Services**



*April 2019*

*Greenhouse Friendship Centre*

*Tuesdays  
1:00–3:30 pm  
@ Summit Centre  
Al Thorpe Room  
Near pool entrance*

*Community Thursdays  
1:00  
@ Huntsville Place Mall*

*Greenhouse is a Self-Help, Peer-run Initiative for consumers/survivors for people who live with mental health issues. We provide Peer Support, Skills Teaching and Recovery Education.*

Contact: Linda Watt  
Initiative Coordinator

Phone: (705)-645-2262 #1603  
Mobile: (705) 205-5601

Community Thursday Contact  
Buddy Tindale  
Mobile: (705) 783-5145

**We are a Scent Free Zone, please do not use perfume, cologne, after shave or any scented products when attending Greenhouse .**

SUN	MON	TUE	WED	THU	FRI	SAT
	1	2 Games and Olivers'	3	4 Community Thursdays	5	6
7	8	9 Shop, Cook and Eat	10	11 Community Thursdays	12	13
14	15	16 Bowling	17	18 Community Thursdays	19	20
21	22	23 Members Meeting	24	25 Community Thursdays	26	27
28	29	30 Members choice/ Swimming 2:00 to 3:00 p.m. Life guard is present				

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