

\*\* Calendar subject to change without notice to promote membership wellness. \*\*



**Canadian Mental Health Association**  
Muskoka - Parry Sound

Addictions and  
Mental Health Services



# February 2019

## Greenhouse Friendship Centre

	SUN	MON	TUE	WED	THU	FRI	SAT
<p><i>Tuesdays</i> 1:00–4:00PM @ 67 Main St. West Huntsville, ON</p> <p><i>Community Thursdays</i> 1:00 @ Huntsville Place Mall</p> <p><i>Greenhouse is a Self-Help, Peer-run Initiative for consumers/survivors for people who live with mental health issues. We provide Peer Support, Skills Teaching and Recovery Education.</i></p> <p>Contact: Linda Watt Initiative Coordinator Phone: (705)-645-2262 #603 Mobile: (705) 205-5601 Community Thursday Contact Buddy Tindale Mobile: (705) 783-5145</p> <p><b>We are a Scent Free Zone, please do not use perfume, cologne, after shave or any scented products when attending Greenhouse .</b></p>						1	2
	3	4	5 Movie Day	6	7 Community Thursdays	8	9
	10	11	12 Shop, Cook and Eat	13	14 Community Thursdays	15	16
	17	18	19 Games Day	20	21 Community Thursdays	22	23
	24	25	26 Members Meeting	27	28 11 to 1 Bowling		

As part of our Accessibility policy and commitment, if you are wishing to have this information in a different format, please contact the Manager of Human Resources and Administration [feedback@cmhamps.ca](mailto:feedback@cmhamps.ca) or call 705-645-2262.