

Centre for Addiction and Mental Health Gambling Screen

1. In the past 12 months have you gambled more than you intended to?

NO ONCE ONLY MORE THAN ONCE

2. In the past 12 months have you claimed to be winning money when you were not?

NO YES

3. In the past 12 months have you felt guilty about the way you gamble or about what happens when you gamble?

NO YES

4. In the past 12 months have people criticized your gambling?

NO YES

5. In the past 12 months have you had money arguments that centered on gambling?

NO ONCE ONLY MORE THAN ONCE

6. In the past 12 months when you were gambling, did you feel that you had to persist until you won?

___NO ___YES

7. If you answered yes to 2 or more of these questions, how often has it happened?

___NO ___ONCE ONLY ___MORE THAN ONCE

Centre for Addiction and Mental Health Gambling Screen Scoring Instructions

If client scored NO on all of these, there is NO apparent problem and no action recommended.

If client scored YES to one of these items, they may be at risk for developing a gambling problem. You should inform them of risk and suggest self-monitoring.

If client scored YES on more than 2, but responded ONCE ONLY to question 7, they may be developing a gambling problem. Client should be referred for further assessment. If client refuses, suggest self-monitoring.

If client scored YES to 3 or more and answered SOMETIMES or OFTEN to question 7, there is a strong indicator that a problem exists. Client should be referred to treatment.